

MEDICAL SURVEILLANCE EXAMS

(For assistance, please contact EHS at (402) 472-4925, or visit our web site at <http://ehs.unl.edu>)

Scope

Employees who perform tasks or jobs listed in Table 1 must complete medical surveillance exams at the specified frequency, as listed in Table 2 (Note: unless otherwise indicated, specifically listed jobs require post-offer, pre-employment physicals -consult with UNL Human Resources for additional information). This SOP does not address medical surveillance requirements that fall outside of the authority of EHS:

- Medical surveillance requirements for pesticide workers are beyond the scope of this SOP, but are addressed in the IANR policy, *Policy and Procedures for Pesticide Use and Pesticide Waste Disposal in the Institute of Agriculture and Natural Resources University of Nebraska – Lincoln*.
(<http://ianrhome.unl.edu/web/ianr/pestdisp>)
- Medical surveillance requirements for animal handlers are subject to requirements of the Institutional Animal Care and Use Committee (IACUC).
(<http://research.unl.edu/orr/iacuccomp.shtml>).
- Pre-employment physicals or drug testing requirements for holders of Commercial Driver's Licenses (CDL drivers). Consult with UNL Human Resources regarding requirements for CDL drivers.

UNL's Occupational Medicine Provider (OMP), St. Elizabeth's Company Care, maintains all medical records. Employees can obtain copies of their records by filing a written request with St. Elizabeth's Company Care. Employee medical information is confidential. UNL supervisors only receive assessment/fitness-to-work/return-to-work information. They do not receive specific information pertaining to medical conditions, test results, medical history, etc.

To schedule a medical surveillance examination, employees should take the following steps in the order given: 1) consult with their supervisors and complete the appointment form provided at the end of this SOP; 2) fax the completed appointment form to St. Elizabeth's Company Care at (402) 475-6682; 3) contact St. Elizabeth's Company Care at 475-6656 to schedule an appointment.

Table 1- Required Medical Examination by Job

Jobs/Tasks	Required Examination(s)- <i>see Table 2 for specific medical examination parameters</i>
General Tasks	
Working in High Noise Areas	A (Refer to UNL Hearing Conservation Program)
Respirator use	B
Asbestos abatement	B, E
Lead abatement	B, F
Employees that may come in contact with human blood or other potentially infectious materials (See UNL Bloodborne Pathogen Exposure Control Plan).	C
Specific Job Titles	
Agriculture Research Technician	A (if applicable), B (if applicable), C (if working with animals and applicable), D or G (as applicable)
Animal Care Assistant	B (if applicable), C (if applicable), D or G (as applicable)
Athletic Trainer ²	C
Audiologist ^{1,2}	C
Bindery Worker	A (if applicable), D
Biosafety Officer ²	C
Biosafety Specialist ²	C
Body Mechanic	A if applicable), B (if applicable), D
Building and Grounds Attendant	A (if applicable), C (tetanus), D, H
Building Mechanic	A (if applicable), D
Building Services Technician	A (if applicable), D
Campus Security Corporal	A, C, H, I
Campus Security Officer	A, C, H, I
Carpenter	A (if applicable), D
Clinic Nurse ^{1,2}	C, D
Community Services Officer	A, C, H, I
Conservation Assistant	B (if applicable), C (if at high risk of zoonotic disease), D
Custodian (all classes)	C (if applicable), D, G
Dental Aide ^{1,2}	C
Dental Assistant ^{1,2}	C
Dental Hygienist ^{1,2}	C
Dentist ^{1,2}	C
Drill Machine Operator	A (if applicable), D
Duplicating Equipment Operator	A (if applicable), D
Electricians	A (if applicable), D
Equipment Control Clerk	D
Equipment Maintenance Technician	A (if applicable), D
Food Technician IV	C, D, G
Groundskeeper	A (if applicable), B (if applicable), D, G
Groundskeeper Supervisor	A (if applicable), B (if applicable), D, G
Hazardous Materials Specialist	B, C, D (initial and annual)
Hazardous Materials Technician	B, C, D (initial and annual)
HVAC Technician	A (if applicable), D

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Instrument Maker	A (if applicable), D
Lab Mechanic	A (if applicable), D
Laboratory Store Keeper	D
Laborer	A (if applicable), D
Landscape Assistant	A (if applicable), B (if applicable), D, G
Lifeguard ²	C
Lithographer/Press Operator	A (if applicable), D
Mail Carrier	D
Maintenance Mechanic	A (if applicable), D
Mason	D
Material Service Worker	D
Meat Cutter	C, D
Mechanic	A (if applicable), D
Medical Technician ^{1,2}	C
Medical Technologist ^{1,2}	C
Nurse ^{1,2}	C
Nursing Supervisor ^{1,2}	C
Painter	B (if applicable), D
Physical Therapist ^{1,2}	C
Physician ^{1,2}	C
Plumber	C, B (if applicable), D
Police Officer	A, C, H, I
Property Control Supervisor	D
Radiation Safety Technician	B, C, D (initial)
Radiology Technologist ^{1,2}	C
Service Attendant	D
Staff Nurse ^{1,2}	C
Stage Technician	D
Supply Control Clerk	D
Supply Distribution Clerk	D
Track Door Testing Technician	D
Utility Operator (all classes)	A (if applicable), B (if applicable), D
Vehicle Body Mechanic	A (if applicable), D
Vehicle Operator	A (if applicable), D
Welder	A (if applicable), D

¹ Medical surveillance requirements are administered by the University Health Center (UHC) for UHC employees.

² Post-offer, pre-employment physical not required

Table 2 - Medical Examinations

	Medical Examination	Frequency	Medical Examination
A	Hearing Test	Initial, annually thereafter	Audiogram pure tone air conduction threshold testing at 500, 1000, 2000, 3000, 4000, and 8000 Hz
B	Respirator Use Qualification	Initial, upon changes in medical condition or tasks significantly increasing physical burden, and at the frequency specified by the OMP	At a minimum, respirator use questionnaire. At the discretion of the physician: physical examination, pulmonary function test, chest X-ray
C	Immunizations	Other than Hepatitis B for employees at risk of potential exposure to bloodborne pathogens	Initial and as recommended by CDC
		Hepatitis B for employees at risk of potential exposure to bloodborne pathogens)	Hepatitis B vaccination – (Series of three: Initial, 1 month, and 6 months)
			Post exposure (within 2 hours of potential exposure) - Physician's evaluation to determine need for prophylactic therapy; blood draw. See UNL Bloodborne Pathogen/Exposure Control Plan.
D	General Physical	Initial	Includes review of medical questionnaire, gross physical examination, vitals, whisper hearing test, and Snellen vision test. Exam may be expanded at the physician's discretion to include: UA dip, pulmonary function test, chest X-ray, CMP and CBC or other blood work, and EKG.
E	Asbestos	Initial, annually thereafter	Physical examination, chest X-Ray every 5 years, and asbestos questionnaire.
F	Lead	Initial, biannually thereafter	Blood lead level & zinc protoporphyrin every 6 months At physician's discretion, physical exam and additional testing may be ordered
G	Musculoskeletal Screen	Initial	Musculoskeletal exam and job specific screen done by physical therapy.
H	Post offer drug screen	Initial	Urine drug screen
I	Police Physical	Initial	Physician only physical exam; chest x-ray, and EKG

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UNIVERSITY OF NEBRASKA - LINCOLN
MEDICAL SURVEILLANCE APPOINTMENT FORM

(Fax completed form to St. Elizabeth's Company Care at (402) 742-8419)

Employee Name:

Employee Job Title:

Employee Work Phone Number:

Employee Work Address:

Supervisor Information (name, title, department, campus address, campus phone):

Cost Object Number for Medical Surveillance Charges:

This appointment is for the purpose of (check only one box):

- Post-offer, pre-employment examination
- Initial medical surveillance examination
- On-going medical surveillance examination. If so, what was the date of the last examination and the name of the medical provider/clinic?

If for the purpose of initial or on-going medical examination, please indicate the job hazard(s) to which you is/are exposed that require medical examination:

- Work in a high noise area (Medical examination- A)
- Work requires the use of a respirator (Attach copy of completed EHS Respiratory Protection Equipment Hazard Assessment)
- Work may result in exposure to human blood (Medical examination- C). Check applicable box below:
- Work may result in exposure to asbestos (Medical examination- B, E).
- Work may result in exposure to lead (Medical examination- B, F).
- Other (please specify):