When in public, wear a face covering over your nose and mouth. Face coverings are not a substitute for social distancing.

WASH YOUR HANDS BEFORE AND AFTER TOUCHING FACE COVERING

ENSURE THE FACE COVERING IS WORN PROPERLY

TO REMOVE AND WASH, GRAB THE LOOPS AND PULL THEM AWAY FROM FACE

PLACE THE LOOP OVER YOUR EARS

WASH AND DRY AFTER EACH DAY’S USE

The stiff or metal part goes over the nose

Maintain 6-feet distance from others

Wash with laundry detergent and hottest water suitable for fabric. Dry on high heat.

For the most up-to-date information, visit covid19.unl.edu