June 2017. There is no such thing as being too safe, especially at work. The workplace is continually changing as new technologies, new products, and/or process changes introduce new threats to workplace safety. Here are five steps to improve safety in the workplace:

- Promote training curricula. Safety training helps workers increase their awareness of risk and the necessary hazard mitigation strategies in completing job tasks. This in turn decreases the likelihood of injury incidents. Initial training should occur. Periodic retraining or safety reminders can incorporate new approaches or theories as they develop/become available and simply reinforce the importance of putting safety first.

- Use spill management kits. Availability and use of spill kits helps stop contamination from adversely affecting the workplace. Unresolved spills can result in slips and falls in addition to exposing workers to the hazards of the spilled materials.

- Foster fire safety. Fire prevention is one of the best forms of increasing safety in the workplace. Knowledge of and adherence to prevention strategies such as control of combustibles and awareness of the need to keep exit paths clear are components of fire safety. A fire evacuation plan should be in place and periodically reviewed.

- Practice continuous improvement. Continuous improvement is a way to modify and augment existing safety measures, which in turn results in identifying and implementing better and safer ways to do the same job.

- Be vigilant. Being always ready for action in the event of an emergency can boost safety. Being vigilant entails having a plan of action in the event something were to go terribly wrong.