Background
The Globally Harmonized System (GHS) defines self reactive substances and mixtures as follows: self-reactive substances and mixtures are thermally unstable liquid or solid substances or mixtures liable to undergo strongly exothermic decomposition even without the participation of oxygen (air). This definition excludes substances and mixtures classified under the GHS as explosives, organic peroxides, or as oxidizing.

The GHS establishes seven categories for self-reactive substances and mixtures. These are:

- Type A – as packaged, will detonate or deflagrate rapidly;
- Type B – as packaged, does not detonate or deflagrate rapidly but is capable of undergoing a thermal explosion;
- Type C – as packaged, possesses explosive properties but will not detonate, deflagrate or thermally explode;
- Types D through G – have shown hazards such as partial detonation, etc. when tested in a laboratory but do not possess these hazards as packaged.

Examples include:
- 3-azidosulfonylbenzoic acid; a Type C organic azide
- 2,2'-dimethyl-2,2'-azodipropiononitrile (ADZN); a Type C organic azo compound
- Hydrazine-trinitromethane; a Type A nitro substituted organic compound

Section 2 of the Safety Data Sheet (SDS) will have one of the pictograms shown below. In addition, it will include one of the following hazard statements.

- H240 Heating may cause an explosion
- H241 Heating may cause a fire or explosion
- H242 Heating may cause a fire

Hazards
As indicated by the hazard statements associated with self-reactive chemicals and mixtures, the primary hazards are fire and explosion. Self-reactive chemicals and mixtures are found as gases, liquids, and solids. These chemicals may be pure products, diluted in other materials to make them more stable or inhibited to delay reactivity. Examples of chemicals that may be self reactive include, but is not limited to the following:
- Those with weak and/or strained bonds
  - Acetylides (acetylene)
- Azides (metal – sodium azide non-metal, organic)
- Azo compounds
- Diazocompounds
- Epoxides
- High nitrogen compounds/tetrazoles
- Nitrides
- Nitroso compounds

- Chemicals that can polymerize (monomers)
  - Unsaturated carbon bonds
  - Nitrile groups
  - Vinyl groups
  - Cyanate groups

- Chemicals with high oxygen content
  - Nitro-group substituted organics
  - Organic nitrates
  - Organic nitrites

The explosion hazard associated with some self reactive chemicals ranges from thermal explosion, to deflagration, to detonation. For a discussion of these terms and the hazards of explosives, see the EHS SOP, *Explosive Chemical Hazards & Risk Minimization*.

Some self reactives are dangerously reactive. They can decompose if exposed to sunlight, slight heat, friction, mechanical shock or contamination with incompatible materials. Others are relatively stable. Stability does not mean that the chemical will not react violently once it begins to self react.

Self reactive substances such as azo compounds may have a Self Accelerating Decomposition Temperature (SADT). SADT represents the lowest temperature at which a particular chemical will undergo self-accelerating decomposition, which could result in intense fire or detonation. The SADT value varies with each self reactive formulation and the size and shape of its packaging. Some SADTs are well below room temperature. Storage requirements will generally be 10 to 20 degrees C below the SADT.

In addition to SADTs, some self reactives have temperature below which storage can be hazardous. Some self reactive compounds dissolved in solvents may crystalize below certain temperatures concentrating them and making them more sensitive. Do not store self reactives which are diluted with water at temperatures below 0°C (32°F) to avoid separating out the pure chemical.

Some self reactives may gradually decompose giving off gas. These are shipped in containers with specially vented caps. Check vent caps regularly to ensure that they are working properly. Keep vented containers in an upright position.

Some self reactive chemicals contain an inhibitor, which functions to scavenge free radicals as they are formed during the product’s slow decomposition. Inhibitors may also scavenge air or other contaminants depending on the circumstance. As such, inhibitors are consumed over time. Depending on the self reactive, refrigeration may slow this process. If an inhibitor is exhausted, the chemical may spontaneously self react or become sensitized such that any input (e.g., bumping the container, warming the chemical, etc.) can result in an explosion. All
inhibited chemicals need to be checked as recommended by the manufacturer and either 
inhibitor added or the chemical disposed prior to the inhibitor becoming exhausted.

A similar case exists for diluents. Care must be taken so that the diluent is not lost due to 
evaporation, etc. If the diluent is lost, the self reactive may react spontaneously or in response 
to the slightest disturbance (e.g., the next time it is handled).

In the GHS definition of self reactives, the phrases ‘as packaged’ and ‘when tested in a 
laboratory’ are used. The reason for this is that some self reactive chemicals need a minimum 
quantity, depending on their environment, in order to become potentially self reactive. The 
minimum quantity is that which is needed for heat from slow decomposition to begin to 
accumulate in the container. Below the minimum quantity, too much heat is lost to the 
environment. If the heat is not lost to the environment, the rate of the decomposition reaction 
continuously accelerates. ‘As packaged’ limits are not published for self reactive chemicals but 
are reflected in the classification (e.g., Type C). Purchasing the smallest amount that will work 
is a prudent practice for minimizing this hazard.

Conducting intentional reactions with these chemicals can be dangerous. The reactions are 
very exothermic and are subject to a variety of potentially inter-related factors including:

- Surface area versus volume. Volume increases by the cube while surface area 
  increases by the square. Thus, the ability to cool a reaction (i.e., draw the heat to the 
  surface of the reaction vessel) falls dramatically as reactions are scaled up. Directly 
  related to this is the need to mix reactants to assure a steady reaction rate and transmit 
  excess heat to the surface of the reaction vessel where it can be dissipated to the 
  environment.
- Removing heat/insulation. Some reactions may need some amount of initial heat input or 
  insulation to initiate the reaction. However, once the reaction begins and becomes 
  exothermic, it may be necessary to quickly remove the heat source and insulation. If this 
  is not done, a runaway reaction can result.
- Rate of reagent addition. Small increases in the rate of reagent addition can 
  dramatically increase the reaction rate.
- Changes in reactant concentrations. Like changes in the rate of addition, increasing the 
  concentration of reactants can dramatically increase the rate of the reaction.
- Catalysts. Not all catalysts are the same even if they are the same chemical. Different 
  vendors, the age of the catalyst, and how the catalyst was stored can effect the reaction 
  rate.
- Induction periods. Some reactions start very slowly and only begin to increase once 
  certain conditions are met such as conversion of a pre-catalyst to an active catalyst, 
  creation of products that then become catalysts, or generation of heat as the reaction 
  slowly progresses.

The margin between a stable and a runaway reaction is reported to vary by as little as 10 to 20 
degrees C. This margin can be reduced or eliminated by changing one or more of the above 
factors.

Though the main hazards related to self reactives are their fire and explosion hazards. These 
chemicals may also be toxic. Depending on the material, route of exposure (inhalation, eye or 
skin contact, or swallowing) and dose or amount of exposure, they could harm the body.
Mitigating the Risks of Self Reactive Chemicals

A written, comprehensive project-specific risk assessment with additional oversight is required for any experiment involving a Type A, B, or C self-reactive substance or mixture. See the companion EHS SOP, *Chemical Hazard Assessment and Risk Minimization*. A specific risk assessment with additional oversight may also be required for other Types of self reactives depending on the specific hazards of an experiment or protocol, as described in the companion EHS SOP referenced above. General risk mitigation measures for self reactives are as follows:

- **Conduct a thorough literature search**, including review of Safety Data Sheets, to establish a thorough understanding of the properties of the self reactives to be handled with particular consideration given to the procedures and tasks to be conducted. See also the Laboratory Safety Colloquium archive presentation titled *Unstable, Reactive, and Energetic Compounds*.
- **Follow general safe chemical handling practices** as described in the EHS SOP, *General Guidance for Chemical Ordering, Receipt, Distribution, Use and Storage*.
- **Observe all specific safety procedures** established for the laboratory/procedure.
- **Wear appropriate PPE**. See EHS SOP, *Personal Protective Equipment for Chemical Exposures*. When there is risk of explosion, consideration should be given to face shields and heavier than standard lab coats, leather outer garments, or garments and gear specifically designed to provide protection from blasts.
- **Keep amounts on-hand to a minimum**. Self reactivity is related to the size of the container in which it is shipped.
- **When possible, select the most stable self reactive chemical suitable for the experiment**.
- **When possible, purchase self reactives that contain stabilizing diluents or inhibitors**.
- **Conduct work on the smallest scale possible. Do not scale up a reaction before discussing it with the responsible faculty member or supervisor**.
- **If any changes are made to a reaction (e.g., chemicals/catalysts from a different vendor, etc.) conduct the initial reaction at the smallest scale possible to determine if there is a change in the reaction rate**.
- **Use containers and dispensing equipment such as scoops or spatulas that the chemical supplier recommends. Keep them very clean to avoid contamination**.
- **Glass containers with screw-cap lids or glass stoppers may not be acceptable for some self reactives, especially those sensitive to friction and grinding. Never transfer materials stored in a vented container into a tightly sealed, non-vented container. The buildup of gas pressure could rupture it**.
- **Glass containers with screw-cap lids or glass stoppers may not be acceptable for some self reactives, especially those sensitive to friction and grinding. Never transfer materials stored in a vented container into a tightly sealed, non-vented container. The buildup of gas pressure could rupture it**.
- **Use diluting/carrier solvents strictly in accordance with the chemical supplier’s advice or well established research protocols. Using the wrong solvent or a contaminated solvent could cause a fire or explosion. Using reclaimed solvents of uncertain composition can also be hazardous. They may contain dangerous concentrations of contaminants that are incompatible with the self reactive compound**.
- **Design experiments/apparatus such that strict control can be maintained over the temperature of the reaction vessel. Make contingencies should a reaction runaway occur such as proper venting of the apparatus, ventilation (i.e., work conducted in a fume hood), and shielding**.
- **Only those chemicals involved in the operation should be in the vicinity of the work being conducted. Bottles/containers from which they were dispensed and other chemicals need to be put away**.
• Incorporate risk minimization strategies into the experimental design that account for the unique hazards of self reactives: surface area versus volume; heat/insulation; rate of reactant addition; reactant concentration; catalysts; and induction periods.

• Check all self reactives with an added inhibitor or diluent as recommended by the manufacturer and either replenish the inhibitor or diluent as needed or dispose of the chemical via EHS before the inhibitor or diluent is exhausted.

• Store self reactives with a SADT at the appropriate safe storage temperature (generally 10 to 20 degrees C below the SADT).

• Do not store self reactives which are diluted with water at temperatures below 0°C (32°F) to avoid separating out the pure chemical.

• If shipped in containers with specially vented caps, check vent caps regularly to ensure that they are working properly. Keep vented containers in an upright position.

• Know what actions to take in the event of an emergency. Ensure that an appropriate fire extinguisher and properly functioning safety shower are readily available.

• See the EHS SOP, Fire Safety – General Prevention and Extinguishing and the EHS web-based training program titled Fire Extinguisher Training.